

2019-2020 Annual Theme



In honor of our recent partnership with the Dunbar Pavilion on the Dunbar Wellness Project, we selected the theme of *Just* Nourishment to guide our annual programming.

Upcoming CRFS Events

Center for Regional Food Studies
Spring Speaker Series

March 27th and 28th 2020

Dr. Sará King
Post-doctoral scholar in Neurology
at OHSU and yoga/meditation
teacher



Public Talk: The Science of Social Justice: The Impact of Othering and Systemic Discrimination on Communities of Color and the Potential of Mindfulness to Offer Healing

Friday, March 27, 2020 – 5:00 pm Dunbar Pavilion, Auditorium

Dr. Sará King will present her research on the "Science of Social Justice" — a way of utilizing a scientific lens to study, teach, and offer healing to individuals and communities from the dis-ease of othering.

THIS TALK IS FREE AND OPEN TO THE PUBLIC

Workshop: The Science of Social Justice: An Experiential Workshop Using Mindfulness and Story-Telling to Explore and Heal the Embodied Impact of Othering and Systemic Discrimination

Saturday, March 28, 2020 – 2:00 pm Dunbar Pavilion, Historic Building

In this experiential workshop, Dr. Sará King will offer instruction in mindful movement practices, mindfulness meditation, as well as story-telling exercises to create a compassionate and safe container in which to explore the embodied impact of othering and discrimination.

WORKSHOP SPACE IS LIMITED.

RSVP TODAY!

VISIT: CRFS.ARIZONA.EDU/EVENTS OR SCAN QR CODE









Dr. Ashanté Reese

Assistant professor of Anthropology at the University of Maryland and author of Black Food Geographies



Public talk: "There Ain't Nothin' in Deanwood": Anti-Blackness, Food Access, and Making a Way Outta No Way in Washington, D.C.

Friday, April 3, 2020 - 5:00 pm **Dunbar Pavilion, Auditorium**

Tracing the food geographies of residents in northeast Washington D.C., this talk is guided by two queries: How do Black residents navigate and produce space in pursuit of food, especially when there is "nothing" there? What do theories of anti-Blackness reveal about conventional approaches to food inequities?

THIS TALK IS FREE AND OPEN TO THE PUBLIC

Workshop (RSVP Required): Rest as Resistance

Saturday, April 4 - 10:00 am Dunbar Pavilion, Historic Building

In this workshop, we will use a restorative yoga practice, meditation, and journaling to explore the power of rest.

WORKSHOP SPACE IS LIMITED. RSVP TODAY!













SCAN ME

Local Events





AFRICA TABLE SPEAKER SERIES

12:00PM | STUDENT UNION 1303 E. UNIVERSITY BLVD. TUCSON, AZ 85719

We are excited to present an Africa series of talks to connect the community of people studying Africa or working in Africa -- including students, faculty, staff, and the wider Tucson community. We believe that with the exchange of information and building a diverse community of scholars focused on topics related to Africa, we can leverage our unique experiences to learn from each other and productively engage with topics about Africa.



MARCH 20 COPPER ROOM

MARCH | KATHERINE SNYDER

School of Geography and Development

"Modern" Farming and the Transformation of Livelihoods in Rural Tanzania



The Udall Center Fellows Program presents:

Reconceptualizing the State of the Tucson Food System

Report: Using Community-based Collaborative Research to Reclaim Community Food Systems in the Arizona-Sonora Borderlands

Megan Carney, 2019-20 Udall Center Fellow Assistant Professor, School of Anthropology Director, Center for Regional Food Studies

Wednesday, April 29, 2020 - 12:00 p.m. (Lunch Provided) in the Conference Room at the Udall Center for Studies in Public Policy 803 E. First St.

The biennial State of the Tucson Food System (STFS) report seeks to support the efforts of diverse social actors and institutions working across various sectors of the Sonora-Arizona borderlands food system by collecting and synthesizing the most recent data available to underscore successes, problems, and barriers. To create a document that reflects diverse voices of engaged community members in southern Arizona, from 2019 to 2020 the Center for Regional Food Studies reconceptualized the State of the Tucson $Food \, System \, report \, to \, foreground \, the \, voices \, of \, community-based \, collaborators. \, \, Six \, community \, members \, \, and \, continuous \, for \, community \, continuous \, conti$ from the towns of Nogales, Cochise, and Ajo were recruited and trained to partner with the center, and implement a series of structured community dialogues. The community dialogue guides were informed by the Whole Measures for Community Food Systems (2009) toolkit that uses a values-based approach to examine nuances of the many indicators that contribute to the overall health and success of a community and its food system. This toolkit offers one means to documenting change in the Sonora-Arizona regional food system and through a process that can be revised and replicated over time by assembling data around six values-based fields: Vibrant Farms, Healthy People, Justice and Fairness, Thriving Local Economies, Sustainable Ecosystems, and Strong Communities. This presentation highlights the process of forming a regional network of community-based collaborators and offers some preliminary results that will inform the 2020-2021 State of the Tucson Food System Report.

Lunch will be provided at the Udall Center at 12:00pm, followed by Prof. Carney's talk and a questionand-answer session, wrapping up at 1:30pm.

Please RSVP to Ally Beaulieu at 626-4393 or at allybeaulieu@email.arizona.edu by Friday, April 24, 2020.

Click here to learn more about the Udall Center Fellowship Program!

Job Opportunities



We are currently seeking qualified candidates for a variety of positions within our organization. All qualified applicants welcome; farmers and members of under-represented groups are encouraged to apply. We hope you'll consider applying for a position and becoming part of the perennial agriculture revolution!

Learn more

Rogue Farm Corps' Beginning & advanced farmer training programs

Training programs will be in Oregon for the 2020 season. Applications are rolling until March 1, 2020. Apply early, as positions do fill during the application period.

Participants live & train at partner host farms which provide mentorship, room, board, and a monthly stipend. RFC has a small tuition and <u>scholarship</u> <u>applications</u> are open Dec 1 - Feb 1.

Rogue Farm Corps seeks to train an inclusive next generation of farmers and encourages applicants of all backgrounds and identities to apply.

Please visit our <u>website</u> for the full program descriptions, student handbooks, and application.

Become a Food First Intern

Interns have always played an integral role at Food First, from working with staff to developing critical research and analysis to supporting grassroots fundraising and disseminating our work to the public and grassroots organizations. These are key ways Food First sheds light on the root causes of hunger and supports the movements building power to transform our food system.

We are currently looking for interns for three positions:

- Narrative Strategy and Donor Engagement Intern
- Communications, Writing, and Editing Intern
- Linking and Weaving Food and Farm Justice in the Bay Area Intern

We are accepting spring interns on a rolling basis. Deadline for summer internships is April 15th.

Click here for further information about our internships and how to apply.

Please visit the <u>Food Studies Website</u> for more information about the Bachelor of Arts in Food Studies.

Please visit the <u>Nutrition and Food Systems Website</u> for more information about the Bachelor of Science in Nutrition and Food Systems.

